

Weekly Bulletin

Fresh salad bar and a variety of fresh and canned fruits offered daily.

Assorted low fat and fat free milk offered daily -- morning juice choice offered daily.

Menu	Activities
Monday, October 18, 2021	
<p>Breakfast: pop-tart, string cheese or granola bar, cereal, fruit, juice, milk</p> <p>Lunch: chicken alfredo, broccoli and cheese, roll, fruit, milk</p>	<p>Cloud Country Rep here over lunch hour</p>
Tuesday, October 19, 2021	
<p>Breakfast: waffle sticks, sausage patty, or pop-tart, cereal, fruit, juice, milk</p> <p>Lunch: cheeseburger w/bun, french fries, baked beans, fruit, milk</p>	
Wednesday, October 20, 2021	
<p>Breakfast: pizza or pop-tart, cereal, fruit, juice, milk</p> <p>Lunch: beef enchilada, tortilla chips, refried beans, rice, salsa, fruit, milk</p>	<p>6:30-9:00 Lab Night in Mr. Linn's room</p>
Thursday, October 21, 2021	
<p>Breakfast: breakfast bites or pop-tart, cereal, fruit, juice, milk</p> <p>Lunch: chicken drumstick or grilled chicken patty, rice, broccoli, roll, fruit, cookie, milk</p>	
Friday, October 22, 2021	
<p>Breakfast: cinnamon roll or pop-tart, cereal, string cheese, fruit, juice, milk</p> <p>Lunch: beef and noodles, mash potatoes, green beans, roll, cookie, fruit, milk</p>	<p>7:00 V Football @ SC w/Inmam - Senior Night</p> <p>End of 1st nine weeks</p>
Saturday, October 23, 2021	
	<p>Reg Cross Country</p> <p>Sub-state VB</p>
<p>"This institution is an equal opportunity provider."</p>	