

Weekly Bulletin

Fresh salad bar and a variety of fresh and canned fruits offered daily.

Assorted low fat and fat free milk offered daily -- morning juice choice offered daily.

Menu	Activities
Monday, May 3, 2021	
<p>Breakfast: Muffin, yogurt, or poptart, cereal, fruit</p> <p>Lunch: Chicken nuggets, macaroni & cheese, green beans, bread sticks, fruit</p>	<p>3:00 JH Track @ Beloit</p>
Tuesday, May 4, 2021	
<p>Breakfast: Pizza stick, string cheese or pop-tart, cereal, fruit</p> <p>Lunch: Stromboli, french fries, peas, cookie, fruit</p>	<p>3:00 JV Golf @ Norton 3:00 V Track @ Oberlin</p>
Wednesday, May 5, 2021	
<p>Breakfast: Frudel, yogurt or pop-tart, cereal, fruit</p> <p>Lunch: BBQ Beef on bun, sweet potato puff, baked beans, fruit</p>	<p>2:00 HS Awards Program 6:30 - 9 Lab Night @ Mr. Linn's room</p>
Thursday, May 6, 2021	
<p>Breakfast: Breakfast bites or pop-tart, cereal, fruit</p> <p>Lunch: Chicken and Gravy on biscuits, green beans, fruit, 7-12 soy butter bar</p>	<p>2:00 JH Track @ Concordia 6:00 FFA Banquet</p>
Friday, May 7, 2021	
<p>Breakfast: Pancake on a stick or poptart, cereal, fruit</p> <p>Lunch: Country style steak, mashed potatoes w/gravy, corn, roll, fruit</p>	<p>3:00 V Track @ Rock Hills 9:00 am - 3:30 FFA Petting Zoo</p>
Saturday, May 8, 2021	
	<p>Dance Tryouts</p>
<p>"This institution is an equal opportunity provider."</p>	