

# Weekly Bulletin

*Fresh chef salad, Turkey and Cheese or Soybutter Sandwich, and a variety of fresh and canned fruits offered daily.*

*Assorted low fat and fat free milk offered daily -- morning juice choice offered daily.*

Menu	Activities	
<b>Monday, September 26, 2022</b>		
<p><b>Breakfast:</b> Muffin, yogurt or popart, cereal, fruit, juice, milk</p> <p><b>Lunch:</b> Corn dogs, baked beans, Cheetos, fruit, cookie (6-12) milk</p>	<p>6:00 JV Football here w/ Ellis</p>	
<b>Tuesday, September 27, 2022</b>		
<p><b>Breakfast:</b> Pizza or popart, cereal, fruit, juice, milk</p> <p><b>Lunch:</b> Hot ham and cheese, sweet potato cubes, fruit, milk</p>	<p>3:30 HS VB @ TMP w/ Phillipsburg and Russell</p> <p><b>K-2 Grandparents Day at SCE</b></p>	
<b>Wednesday, September 28, 2022</b>		
<p><b>Breakfast:</b> Breakfast bites or popart, cereal, fruit, juice, milk</p> <p><b>Lunch:</b> Crispy chicken salad, salsa, corn/black bean salad cookie, fruit, milk</p>	<p>7:30 FCA</p> <p>6:30-9:00 Lab night</p> <p><b>3-4 Grandparents Day at SCE</b></p>	
<b>Thursday, September 29, 2022</b>		
<p><b>Breakfast:</b> Churros, yogurt or popart, cereal, fruit, juice, milk</p> <p><b>Lunch:</b> Chili soup, cheese, corn chips, fruit, cinnamon roll, milk,</p>	<p>3:45 JH Cross Country @ Beloit</p> <p>4:30 JHVB @ Plainville</p> <p>5:00 VB @ SC w/Rep. Co.</p> <p>6:00 JHFB @ Plainville</p>	<p><b>5-6 Grandparents Day at SCE</b></p>
<b>Friday, September 30, 2022</b>		
<p><b>Breakfast:</b> Funnel cakes or popart, cereal, fruit, juice, milk</p> <p><b>Lunch:</b> Cowboy cavatini, corn, fruit, french bread, milk</p>	<p>7:00 FB @ SC w/Oakely</p>	
<b>Saturday, October 1, 2022</b>		
"This institution is an equal opportunity provider."		