*WEEKLY BULLETIN*

**Fresh salad bar and a variety of fresh and canned fruits offered daily.**

**Assorted low fat and fat free milk offered daily – morning juice choice offered daily.**

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| **Menu**  **Monday, Nov. 18th**  **Breakfast:** Pop-tart, string cheese or granola bar, cereal, fruit  **Lunch:** Sweet & sour chicken, rice, Asian fresh vegetables, celery sticks, cookie, fruit | **Activities**  Star Event Work Night |
| **Tuesday, Nov. 19th**  **Breakfast:** Biscuit & gravy or pop-tart, cereal, fruit  **Lunch:** Super nachos, refried beans, corn/black bean salad, salsa, fruit | 7:45 am FCCLA Officer Meeting  JH BB @ SC vs Norton 4 PM |
| **Wednesday, Nov. 20th**  **Breakfast:** Coffee cake or pop-tart, cereal, fruit  **Lunch:** Chicken strips, mashed potatoes, 6-12 corn, marinara sauce, bread stick, cookie, fruit | FCA 7:30 am  Lab Night @ Mr. Linn’s room 6:30 – 9 PM |
| **Thursday, Nov. 21st**  **Breakfast:** Breakfast combo bar or breakfast burrito, pop-tart, cereal, fruit  **Lunch:** Turkey, mashed potatoes, gravy, sweet potatoes, broccoli & cheese, roll, fruit**,** pumpkin bar | JH BB @ Stockton 4:30 |
| **Friday, Nov. 22nd**  **Breakfast:** French toast sticks or pop-tart, cereal, fruit  **Lunch:** Homemade pizza roll, french fries, steamed carrots, fruit  **Saturday, Nov. 23rd** | HS FB Substate |

**Second Entrée Choices Include:**  “This institution is an equal opportunity provider.”

**K-6: Chef Salad-Monday, Wednesday, Friday**

**K-6: Turkey & Cheese Sandwich-Tuesday, Thursday**

**7-12: Chef Salad or Turkey & Cheese Sandwich Daily**