*WEEKLY BULLETIN*

**Fresh salad bar and a variety of fresh and canned fruits offered daily.**

**Assorted low fat and fat free milk offered daily – morning juice choice offered daily.**

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| **Menu**  **Monday, Jan. 28th**  **Breakfast:** Muffin, yogurt or pop-tart, cereal, fruit  **Lunch:**  Pigs in a blankets, french fries, baked beans, jello, fruit | **Activities**  JHSB @ SC 4:00  (Rescheduled game) HSBB vs TMP @ S.C |
| **Tuesday, Jan. 29th**  **Breakfast:** Tornado, egg, turkey, string cheese or pop-tart, cereal, fruit  **Lunch:** Chicken strips, bread sticks, corn, marinara sauce, rice, cookie 6-12, fruit |  |
| **Wednesday, Jan. 30th**  **Breakfast:** Donut or pop-tart, cereal, fruit  **Lunch:** Chili soup, cheese wedge, corn chips, celery sticks, cinnamon roll, fruit | FCA  Lab Night @ Mr. Linn’s room 6:30 – 9:00 |
| **Thursday, Jan. 31st**  **Breakfast:** Breakfast combo bar or breakfast burrito, pop-tart, fruit  **Lunch:** Spaghetti and meat, green beans, garlic toast, fruit | JHWR LV 1:50 @ Norton 4:00  Regional Scholars Bowl 3:00@Brookville – Ell – Salina HS |
| **Friday, Feb. 1st**  **Breakfast:** French toast sticks, sausage patty or pop-tart, cereal, fruit  **Lunch:** Chicken and noodles, roll, mashed potatoes, carrots, cookie K-12, fruit  **Saturday, Feb. 2nd** | HSBB @ Hill City 4:00  HSWR @ S.C Grade School 6:30 w/ Rossville  Forensic @ Norton |

**Second Entrée Choices Include:**  “This institution is an equal opportunity provider.”

**K-6: Chef Salad-Monday, Wednesday, Friday**

**K-6: Turkey & Cheese Sandwich-Tuesday, Thursday**

**7-12: Chef Salad or Turkey & Cheese Sandwich Daily**